Ladies Programme

The Ladies Programme for the Eastern Cape Nationals 2026 will outline the events and activities specifically arranged for women attending the championship. Details of the schedule will be provided to ensure a wellorganized and enjoyable experience for all participants.

1. Mixed Golf at Humewood (the only true Links Course in Africa)

3rd May 2026
Tee off from 11h21
Green fees - R250.00
Carts - R400.00 and caddies can be arranged
Contact the Pro Shop 041 583 3011



2. Welcome Cocktail Party

3rd May 2026 Port Elizabeth Golf Club 18h00

3. Day visit to Kragga Kamma Game Park

Only 15 minutes from PE Golf club. This will include entrance into the park, a two hour professionally guided game drive, feeding of the cheetah and the three lionesses rescued from the Ukraine. The ladies will experience close up sightings of Rhino, Buffalo, Giraffe, Bontebok and many other plains game. Lunch will be available at the Bush Café (al la carte) in the park at own expense. Participants are encouraged to bring binoculars and cameras to capture the incredible wildlife moments.

Date - Monday 4th May 2026

Time - 09h30

Duration - +5 hours Cost - R485.00pp

Location - Kragga Kamma road, Theesecombe

Contact - Diane Wallace 083 468 0754 www.kraggakamma.co.za





3. Golf tour to St Francis Bay course (regretfully the Links is unavailable). Bus will depart from the PE Golf club at 08h30 and return by 16h30. This is a beautiful course situated in the centre of St Francis Bay, with many of the fairways and tee boxes boasting sea views.

Date - Tuesday 5th May 2026
Tee off from 10h00
Green fees - R200.00pp, Cart - R370.00
Transport cost R400.00pp, minimum 8 players
Total cost including transport - R785.00pp sharing a cart
Contact - Sheena 042294046



4. Alternative golf day at Wedgewood Golf Estate, for those not wanting to travel to St Francis.

The course is spectacular, on a magnificent residential estate, boasting fantastic bird life and free roaming antelope.

Date - 5th May 2026
Tee off from 09h30
Green fees R260.00, Cart R400.00
Total R460.00pp sharing
Location - 15 mins from PEGC on Old Cape road.
Contact person - Sean Gray www.wedgewoodgolfestate.co.za



5. Guided marine walk on the spectacular Sacramento Trail near Schoenmakerskop (20 mins from PEGC).

The guide is a coastal expert who will show the ladies the beautiful and fascinating marine life along the coast and in the rock pools. He is also a birding and flora expert. Lunch will be available at the Sacramento restaurant in Schoenmakerskop at own cost. Participants are encouraged to bring comfortable walking shoes, sun protection and a camera to capture the stunning scenery and unique wildlife. Please note that the walk is suitable for all fitness levels, but some areas may be uneven or slippery, so caution is advised. The guide will customise the walk accordingly.

Date - Wednesday 6th May 2026 Time - 10h00
Duration - two hours
Cost R80.00pp minimum of 10 (excl lunch)
Contact Gill Ferreira - 0829491461
Search "Sacramento trail Port Elizabeth" on the internet



6. Raggy Charters Whale and Dolphin cruise.

For the more adventurous, an ocean cruise with the highly renowned Raggy Charters. They are world renowned leaders in ocean mammal research and guiding. The cruise departs from PE Deep Sea and Angling Club in the PE harbour on board a 32 foot ski boat and heads towards Bird island home of more than 20 000 Cape Gannets and penguins. The ladies will be taught all about the numerous whale species in the Bay as well as great white sharks, dolphins, penguins and the extensive variety of pelagic bird life. Lunch will be available at own cost, at the fantastic Off the Hook restaurant at the Deepsea club

Date - 6th May 2026
Time - 08h30
Minimum of 10 Duration - 4 hours
Venue - PEDSAC, PE Deepsea and Angling Club, PE Harbour
Cost - R1500.00pp incl snack and bottle of water
Contact - Keith 082 3036843 www.raggycharters.co.za



7. Visit to SANCCOB marine bird rehabilitation and education centre situated in the Cape Recife Nature, (20 minutes from PEGC). SANCCOB is a registered non-profit organisation whose primary objective is to reverse the decline of seabird populations through the rescue, rehabilitation and release of ill, injured, abandoned and oiled seabirds – especially critically endangered species like the African Penguin. During the 1,5 to 2 hour "in depth and behind the scenes tour", the ladies will be shown around the fantastic facility used to rehabilitate sea birds. They will be taken behind the scenes and meet the staff while they carry out their duties. Muffins, scones and water will be provided. A light lunch can be arranged for after the tour at own cost.

Date - 7th May 2026

Time - 10h00

Venue - SANCCOB, Cape Recife Nature Reserve

Cost - R350.00pp, (minimum 5)

Contact person - Calista 0415831830 www.sanccob.co.za



8. The following activities are highly recommended and can be arranged -

PADEL at PEGC

R200.00pp (minimum 4) for an hour including racket and ball hire. Contact Gill Ferreira 082 9491461

Bowls tournament at Walmer Bowls club

R50.00pp. The club will lend out bowls and will provide managers to assist non bowlers. Contact Hazelle 0828240583

Angel Wings Ceramics painting

www.angelwingsceramics.co.za. Contact Monique 082 8930012.

• Highly recommended lunch venues

Off the Hook seafood restaurant at PEDSAC in the harbour, Remos Italian restuarant and Barneys Tavern on the beach front. www.barneystavern.co.za. Remos Italian Restaurant, near the harbour.

9. Gala Dinner at Port Elizabeth Golf Club

7th May 2026 Time - 19h00